

STORYTELLER | SPEAKER | PODCAST HOST

Rebecca De Ornelas



While always embodying a creative philosophy of "breathe, listen, and connect", Rebecca De Ornelas has made creating space for connection both a career and passion. By intentionally elevating the seemingly invisible connections between humans, Rebecca weaves the art of storytelling, mental health advocacy, filmmaking, and performance to not only leave a bold mark on the world - but to encourage others to do the same.

ask me...

- Storytelling to bridge the human divide
- The impact of diversity in front of and behind the scenes
- Integrating your whole self in life and work
- The de-stigmatization of mental health
- How to let go and release control
- Embracing fear and turning towards willingness
- Vulnerability in life and leadership
- Capturing an audience; how to connect on a very real level
- Recovering from perfectionism and identification as a human "doing" instead of a human "being"
- Battling not-enoughness
- The allure and elusiveness of authenticity
- Why acting (and life) is 99% listening

featured in...



about me...

As the Director of Storytelling at Pioneering Collective, an executive thought leadership firm, Rebecca develops various narratives for C-suite executives and hosts a storytelling podcast, The Waystation. She's an expert in creating an unforgettable story while fostering connection and change.

An advocate for mental health, Rebecca has published and been featured in numerous articles, and participated in Q&A's across the country.

Rebecca holds a Bachelor of Fine Arts in Drama from New York University's Tisch School of the Arts. She has performed on numerous NYC stages, produced six films, and starred in two features. Her latest film, *The Sleepless* premiered at the 2020 Big Apple Film Festival and was named Best U.S. Feature by the New York Independent Cinema Awards. Her films can be seen on Amazon Prime and iTunes.

and more... (ask for a full list)



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